

Welcome to a brand new year and what a year it is going to be.

The energy vibration for 2008 is a 10

Which means

Creativity & Confidence

With Inner Gifts

And on top of that in February we move into the cycle of

Year of the Rat

So what does that all mean you say – what it means is that it is the very best time to advance towards your Authentic Self and the energies of Abundance.

But one word of caution, you will reap Abundance in what you are focusing your energy on and this particularly applies to the sub conscious mind, remember the Universe feels the frequency of what you are feeling and mirrors it back to you. So if you are saying this year “I am going to make, win, whatever a lot of money” and continue to state that you can’t afford things or perhaps this is your year for accomplishing radiant health but you continue to talk about your ailments guess what you are going to get more of. What you are focusing your energy on is what you are going to create

It is not enough just to know

We live in an amazing age, a golden time as science catches up with what the great mystics and Metaphysicians have always known which is, we are all connected through the frequency of energy along which Consciousness travels and the higher the frequency the faster it vibrates and as we raise our vibrational energy it enables us to tap into the field of possibilities known as the quantum field where we become co-creators with the God within. Our destiny is now in our own hands and the reality we live in is in direct correlation to our willingness to go within and connect with the Divine Source, the God Self which is always consistent; it is the energy of unconditional love that never judges, or reprimands but holds us in the now to become co- creators of a Divine Life.

During meditation I have often quietly reflected on the intricate balance between the physical and subtle bodies, the amazing secrets and answers that lie in chakras located through out the body and the power of the Kundalini energy that connects the polarity of Heaven and Earth and it always come back to the principal of “As Above – So Below”. The name Metaphysics says the very same thing - from the ancient Greek meta = after/beyond and physics = nature. Metaphysics was once known by the ancients as the Queen of Science and through the persistence of few throughout the ages we are able once again to access the profundity of metaphysics – and what it is central to: simplicity, unity, reality, necessary connection, causation, logic, knowledge, certainty, senses, science, and truth... Einstein stated in 1954 “... We shall require a substantially new manner of thinking if humanity is to survive.” This new manner of thinking is now available to us we can access this priceless knowledge as we come to understand that heaven and our earthly reality are not outside of us, they are who we are, created by us through our thoughts and this is substantiated by Einstein’s thoughts “It finally turns out that one can, after all, not get along without metaphysics.”

We are on the cutting edge of the most amazing discoveries, where we can access energy fields that allow us to create and manifest our heart's desires through the joy of connecting to the Divine Creator within us. Modern day scientists are only now becoming aware of the amazing ability of the heart and the energy fields that surround it which was known about by the ancient Egyptians over six thousand years ago. As a metaphysical and energetic realm, the heart is the center of the human energy system and now scientists are beginning to understand through research into the field of energetic cardiology that the heart is more than a muscular pump. It has wisdom; it is the metaphysical and energetic center of love, and knowing. This newly discovered knowledge is the key to raising vibrational energy because when you match the desires of the heart with the power of conscious intention you are creating a world that could be called miraculous. People of today are realizing that what is external to them no longer sustains them. Many false social perceptions of reality are set up early in childhood when the developing brain was only capable of thinking in polarities. With reinforced emotional response, our perceptions become hard wired into the brain and become the automatic response to situations in later life. Once we have a thought that causes an emotional response we create a feeling and it is this frequency that is sent out into the universe and it is this feeling, whether it be love or fear, that is mirrored back. It is not enough to have theory about change, one has to apply change so that it becomes an experience. At Abundant Life we give you the skills to create that change. To accomplish a life that helps us evolve back to source and in doing so back to self-love we require the knowledge that mind, body, and soul are one and the same, they cannot be separated if a person is to become whole and the correct approach to any person's complete health is the holistic application of this knowledge. I am reminded of the old Chinese proverb – "give a man a fish and he eats for a day, teach him to fish and he eats for a lifetime" by using this same principal in working with people to tap into their inner power they become sustained human beings because they know that they are responsible for what they attract to their lives and they also know how to raise their vibrational frequency to experience peace within themselves and attract good into their lives for their benefit and those around them.

I am doing what I should have done long ago
And that is finding out who I am and what I am
I want to have **choice** and when I do things from **choice**
Not from **duty** that has to be good for me and for the people I love,
and the people who love me *....Louise Fletcher*

Will this be your year to access your authentic self, to move from fear created by imposed perceptions into the freedom of a life abundant with love, vitality, health, and co-creation?

Join Abundant Life for a fabulous journey in 2008

Private consultation, Workshops, Seminars and Monthly Classes

Abundant Life Classes and Workshops for 2008

www.abundantlifesolutions.com.au

**MasterClass - Woori Yallock – 2nd Wednesday of the month 7.30 – 10.30 p.m.
Starting February 13th**

**MasterClass - Hallam - 3rd Wednesday of the month 7.30 – 10.30 p.m
Starting February 20th**

Designed for those who wish to grow and enhance their knowledge and attain higher levels of peace and understanding The classes are designed to lift your vibrational level and help you reconnect to the Light-worker energy that is your inherited right.

Joining fee of \$25.00 which provides a personalized personality profile and how to integrate the energies we chose to bring with us into this life time.

Some of the subjects that will be studied include:

Working with energy expansion	Drawing Interpretation	Personality profiling
Understanding Archetypes	Time travel	Essence making
Channeling	Past Life regressions	Chakra Clearing
Sacred Geometry	Automatic writing	Soul groups

November 2008 - we go on a weekend retreat to further study deeper mysteries of each of the above topics and more.

Return enclosed registration form – if you would like to join this exciting life changing program so that your Personality profile can be completed by the start of class

Phone for Tel: 59 64 2930 Mob: 0402 664 706

**Arcturian Class 1 day workshop
February 9th, May 10th, August, 9th, December 6th**

Prerequisite - Embracing the Divine Child

Advanced study of Metaphysics, Alchemy and higher vibrational energy and moving through one's Soul's purpose. Please notify us if you would like to join this class

Embracing the Divine Child February 22 -24th - 2 1/2 day Workshop

Prerequisite for this workshop, “Coming out of the Dark – rescuing our Inner Child”

A powerful workshop designed to move you into empowerment and creativity. You will discover the power of manifesting through quantum physics and the ability to create the life you chose. Using past life regression you become aware of how to cut your Karmic chains and recreate yourself. Learn how Sacred Geometry accelerates higher understanding. Become aware of those in your soul group and how each influences your life during incarnations. A work shop not for the faint hearted but for those who are truly ready to face a brave new world of power.

Follow up “Expansion “
Saturday April 12th 10 a.m. – 6 p.m.

Coming Out of the Dark - Rescuing the Inner Child

April 18th – 20th - 3 full day workshop

Life transforming for anyone who is serious about reclaiming their Authentic Power

The effects of our childhood last a life time and control the quality of life that we have. It is during this period of our life that the 4 Major Archetypes are created and until such time as the energy of the ego driven child is acknowledged and rescued these archetypes continue disrupt and control our lives. Learn how our Inner Child is created and the problems associated with it. As we look at all aspects of our childhood from infancy through to teenage years, the psychological responses of these different ages and how to reunite damaged parts of our psych to enable you to create the life you deserve. It is also an invaluable seminar to understand how to nurture children to help them create a life of power and joy.

1 month later Follow up full day session where we work through issues that have arisen since workshop
May 17th **Dealing with Anger** 10 - 5.30 p.m.

1 month after that Full day workshop where we prepare to move to wards embracing the Divine Child
June 14th **Coming to forgiveness** 10 - 5.30 p.m.

Wesak Celebration Tuesday May 20th 7 p.m. - 10.30 Admission is \$10 – per person

Wandin Yallock Primary Beenak Rd Wandin

All funds go to the *Magdalene Foundation* Funding Research for Kidney Kids

Every year at this Full Moon the Masters, Holy people, Swamis, Sadhus etc make a pilgrimage to Shambhalla where all the Masters and non physical Divine Beings meet together for the shift in consciousness for humanity and to anchor the higher energies onto the Earth Plane

The opportunity with the Wesak Full Moon is that we can also surrender more fully to our fears, pain, and duality aspects into the divine love of our true essence and the cosmic energies in ease and grace. So you will be supported fully in your desire to be in divine will with an open heart. A wonderful time to access and love your own duality fears as well as assisting humankind to go beyond all limitations and shine in your true light.

Ritual burning of thoughts that no longer serve us starts a 7 p.m. service starts at 7.30

Join us for this beautiful and uplifting occasion Please feel free to bring family & friends.

It is traditional to wear all white but a white sheet placed over clothing is acceptable.

If you choose to sit on the floor it is advisable to bring cushions.

Please bring a plate of Vegetarian food to share in a super afterwards

In the footsteps of the Celestine Prophecy 13 week Course

Woori Yallock Tuesday Nights July 15th –Oct 21st (2 weeks in Sept off for school holidays.) 7.30 p.m. – 10.30 p.m

The Celestine Prophecy hit the world by storm in the 1990- 10 years on we are experience the energies that were talked about.

As we work through the 9 insights you will learn how they are relevant to our evolvment on a physical and spiritual plane. Added to this we will discussing and using higher esoteric learning and metaphysics not available at the time of the writing of the Celestine Prophecy which will accelerate the integration of higher energies

12 Week Course

Phone for Brochure and Registration form Tel: 59 64 2930 Mob: 0402 664 706

Magdalene Foundation Charity Ball

Still \$95 p.p. all inclusive in aid of kidney research for children

San Remo Ball Room Carlton Saturday Night August 2nd

Abundant Life is a major sponsor of the Magdalene Foundation which is a non profit charity aimed at providing Funds for research into cures for children with Kidney disease.

The annual ball is renowned for a night of spectacle, adventure, and fun

Come and join us for a wonderful night out which in turn gives something back

Phone for Pre Book ticket and pay off in 3 easy payments

Holiday draw foe those you take advantage of this offer

Invitation & Tickets Tel: 59 64 2930 Mob: 0402 664 706

Surviving as an Indigo Adult - 1 day work shop

Sunday September 7th - 10 a.m. – 5p.m.

Feel like that you don't want to be here, like you don't fit in, people don't really understand you, you know there is something you are here to do but it eludes you., suffer from bouts of deep depression without really understanding why Etc. Etc. If this sounds familiar it is possible that you are an Indigo Child, born in a time when there was no understanding of how to support or guide you, often cast aside as a trouble maker or left to linger in the back ground to be ignored. Well now it is time to come into your full power and reclaim the Divine right that has always been there for you

Coming Out of the Dark - Rescuing the Inner Child

October 17th – 19th 3 full day workshop

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Master Class Retreat

November Friday Evening 7th – Sunday Evening 9th

Retreat for all attendants of Abundant Life's Master Class for esoteric and higher vibrational studies

Masterclass Christmas Breakup Both Groups

December 5th 7.30 - Midnight

Our traditional night of fun mystery and laden tables Joint Christmas break up party for all
Masterclass students. Held at Wandin Yallock Primary School Wandin